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Crawley AC

OPEN TRACK & FIELD MEETING

K2 Leisure Centre, Crawley, RH11 9BQ

Wednesday 16th July 2008

Provisional Timetable

TRACK			FIELD		
18:45	60m	Girls & Boys U11	18:45	Hammer	Women U15/U17/U20/Snr
18:55	100m	M & W U13/U15/U17/U20/Snr		High Jump	Men U13/U15/U17/U20/Snr
19:20	600m	Girls & Boys U11		Shot	Men U13/U15/U17/U20/Snr
19:30	800m	M & W U13/U15/U17/U20/Snr		Long Jump	Women U13/U15/U17/U20/Snr
20:00	150m	Girls & Boys U11	19:45	Hammer	Men U15/U17/U20/Snr
20:10	1500m	M & W U15/U17/U20/Snr		Long Jump	Girls & Boys U11
				Shot	Women U13/U15/U17/U20/Snr
20:30	Relay	M U15/U17/U20/Snr	20:00	High Jump	Women U13/U15/U17/U20/Snr
	4x400m	W U17/U20/Snr	20:15	Long Jump	Men U13/U15/U17/U20/Snr

1. Competition run under UKA Laws, except U11.
2. Ages at 1st September 2008 (U11 MUST be 9 but under 11 on 31st August 2008).
3. Maximum spike length 6mm (Javelin 9mm).
4. Field Events – 4 trials .
5. PRE ENTRY fee is £2.00 per event , Relays £4 per team (pre entry for all events closes 13th July)
6. Entries on the night £3.00 per event. Relays £5 per team
7. ENTRIES to Mrs J. Miller, 24 Tushmore Lane, Northgate, Crawley West Sussex RH10 8JJ
8. Enquiries – Telephone 01293-400223. E-mail open@crawleyac.org.uk
9. Provisional timings & events may vary due to entry numbers.

2008 Open Meetings –Monday 25th August – See our website for further details.

ENTRY FORM Evening Open Meeting – Wednesday 16th July 2008

Name Date of Birth/...../.....

Address

Club M/F Age Group

EVENTS

Entry Fee _____ (All Cheques/Postal Orders made payable to Crawley Athletic Club please)

Contact Phone Number _____

Contact Email Address _____